Statement of Purpose

We are grateful to welcome Gladys Noll Alvarez MSW, LISW, IMH-E®! She is the Trauma Informed Care Project Coordinator at Orchard Place/Child Guidance Center. She has worked with children and families since 1976. Her passion is providing education and trainings which promote a trauma-informed care approach to interactions with children, families and in the work environment.

She has provided clinical therapeutic services for children and families who have experienced trauma for over 30 years. In her role as the TIC Project Coordinator, she coordinates the networking of the TIC Project Stakeholder’s group and provides trainings on trauma informed care throughout the state and nationally. Ms. Alvarez coordinates the annual Psychological Trauma & Juvenile Justice conference, bringing national speakers on trauma to educate professionals and promote systemic change.

Ms. Alvarez is the recipient of many awards; the AL Schulte Award in 2000 for her professionalism, dedication and personal commitment to providing services for children and their families, in 2008 Orchard Place presented her with the “Voice for Children” award in recognition of exceptional commitment and service to the children of Orchard Place and in 2011 she received the Michele A. Moore Award of Distinction for her work in child advocacy. Additionally, she co-authored 2 children’s books on trauma: Grandma Mary Says Things Happen: A guide to help children who have experienced trauma and Grandma Mary Says Bullies Hurt.

We have another day and half of topics to support school nurses in the care they provide their students that is relevant and timely. Those topics to include: Water quality, DHS intake process in suspected child abuse situations, emerging recreational drug trends, Diabetes in school aged children, concussion after care in the classroom and in athletics, ADHD, leadership and empowerment, and current school nurse updates!

Please plan to stay and network with your colleagues immediately following the education on Thursday October 3 outside the conference room! Wine, beer and appetizers provided and cash bar for mixed drinks.
Objectives

Upon completion of this offering the participant will be able to:

1) Discuss the basic components of care of students with T1DM while at school.
2) Recognize the 3 different subtypes of ADHD, and appropriate treatment for each
3) Describe the school nurse’s role within the student’s ADHD treatment plan
4) Define Trauma Informed Care
5) Identify the 4 types of trauma and how trauma impacts brain development
6) Discuss how Adverse Childhood Experiences affect physical, social and mental health
7) Describe types of interventions which are helpful to use with individuals who have experienced trauma.
8) Outline the intake process for suspected child abuse.
9) Outline new Mandatory Reporter Training
10) Review updated definitions of concussion and international best practices for evaluation and management including return to learn and return to play.
11) Introduce general principles for school-based management and monitoring of concussions including guidelines for specialty provider referrals and red flags for prolonged recovery
12) Identify 3 sources of Iowa's drinking water and Iowa's protective prevention measures to ensure safety
13) Identify 1 grant opportunity for schools and childcare centers to use to test water for lead
14) Identify a minimum of 3 sources of lead exposure to children and health effects
15) Identify 2 resources for school nurses
16) Identify Latest Regulatory Changes Affecting School Health Services
17) Identify Iowa School Nursing Outcomes From The 2018-2019 Volunteer Health Survey

Schedule

Please note: In an effort to be more environmentally friendly, handouts will now be available online and will not be distributed at the conference. In the spirit of ecology we hope you will find this to be a smooth transition. Handouts will be available to download one week before the conference and one week after. The handout link will be sent to you via email the week before the conference.

Thursday, October 3, 2019

8:00   Registration, exhibits and displays, continental breakfast
8:25   Opening of Conference/Announcements
8:30   Trauma Informed Care: Looking at Behavior from a Trauma Lens Gladys Noll Alvarez
10:30  Break with Exhibitors
12:15  Lunch with exhibitors
1:15  DHS Intake Process in suspected child abuse cases-**Ty Noarding**
2:45  Break with exhibitors
3:00  School Nursing Updates –**Melissa Walker**
4:30  Networking and cocktail hour

**Friday, October 4, 2019**

7:50  Opening Announcements
8:00  Emerging Drug Trends: What you need to know-**Erin Foster**
9:30  Type 1 Diabetes at School: Optimizing Student Health and Learning-**Sara Neff**
10:30  How to Support Student Athletes in the Classroom and in the Field after a Concussion: Brains, Behavior, Concussions, and Common Sense-**Marla Shapiro**
12:00  Lunch
1:00  “*Calgon, take me away!*” Managing the student with ADHD-**Sue Gehling**
2:00  Leadership and Empowerment through Innovation **Sharon Guthrie**
4:00  Adjourn

**Supporting Faculty**

**Gladys Noll Alvarez MSW, LISW, IMH-E ®**
Trauma Informed Care Project Coordinator
Orchard Place/ Child Guidance Center
Des Moines, Iowa

**Erin Foster, ACPS**
Director of Prevention Services
Area Substance Abuse Council
Cedar Rapids, Iowa

**Sue A. Gehling, FNP, PMHNP**
*Owner, Classroom Clinic*
Dr. Sharon Guthrie, PhD, ARNP, CPNP, NCSN, RN-BC
Director Graduate Nursing Programs & Associate Professor
Mount Mercy University

Diane Moles
Executive Officer
Iowa Department of Natural Resources
Water Supply Engineering Section

Ty Noard, LMSW
Social Work Supervisor
Centralized Service Intake Unit
Department of Human Services

Marla Shapiro, PhD., N.C.S.P.
Sports Neuropsychologist
Developmental Neuropsychologist
Unity Point Clinic – Sports Medicine

Stuart C. Schmitz, M.S., P.E.
State Toxicologist
Bureau of Environmental Health Services
Division of ADPER & EH
Iowa Department of Public Health

Melissa Walker, MSN, ARNP, FNP-C
School Nurse Consult
Iowa Department of Education
Bureau of Nutrition and Health
University of Iowa RN – BSN Program

- Completely online
- Ranked #4 online program in the Country
- Tuition for the entire program is $14,528

Are you an associate degree or diploma prepared RN who is ready to expand your nursing skills and professional potential by earning the BSN? Cheri Doggett, RN – BSN Program Coordinator for the University of Iowa College of Nursing, will be available Friday October 4 at the School Nurse conference to evaluate your transcript(s) and provide you with an individualized plan of study for the University of Iowa BSN program. Please bring a copy of your transcript(s) to the conference and Cheri will provide feedback while you attend. Unofficial copies are fine.

For more information about the RN-BSN program, go to www.nursing.uiowa.edu/academic-programs/rn-bsn
REGISTRATION

The registration fee for this two day conference is $199 by September 20, 2019. If received after September 20, 2019 the registration fee is $210. The one day only registration is $105. The registration fee includes program, materials, luncheons and refreshments, and CEU recording. Purchase orders are acceptable. Please note the purchase order number on the registration form and use the electronic (email) confirmation to present as an invoice to your school district.

FOUR WAYS TO REGISTER:

- **Mail** The University of Iowa Center for Conferences 250 Continuing Education Facility Iowa City, IA 52242-0907
- **Fax** 319/335-4039
- **Phone** 1/800-551-9029 or 319/335-4141

If this is the first time you have registered online with the Center for Conferences you will not have a log-in or password until you create your account. Click on the line “create an account” and proceed. If you have questions regarding this process, please contact UICC at the numbers listed above.

CONFERENCE LOCATION AND ACCOMMODATIONS

The conference will be held at the Sheraton West Des Moines, 1800 50th St West Des Moines.

**Lodging:** A block of rooms has been reserved at the Sheraton West Des Moines. To book your room at the special conference rate of $124/night, you may book online [https://www.marriott.com/event-reservations/reservation-link.mi?id=1554842171734&key=GRP&app=resvlink](https://www.marriott.com/event-reservations/reservation-link.mi?id=1554842171734&key=GRP&app=resvlink)

Be sure to book your room by September 11, 2019 to receive the conference rate. Or call 515/223-1800 and reference the *Annual School Nurse Conference*.

CONTINUING EDUCATION UNIT AWARD

The University of Iowa College of Nursing is an Iowa Board of Nursing Approved Provider, Number 1. This is a 13.5 contact hour program. Attendance October 3 only, 6.5 contact hours will be awarded; October 4, 7.0 contact hours will be awarded.

REFUNDS AND CANCELLATIONS
If an applicant withdraws registration prior to opening of the conference, the registration fee, less a $25.00 handling charge, will be refunded. NO REFUNDS WILL BE MADE AFTER THE CONFERENCE HAS CONVENED. **We reserve the right to cancel the program due to lack of sufficient enrollment.** Notification of cancellation will be made one week prior to the program in which case the entire registration fee will be refunded. Please call (319) 335-4141 regarding any refunds or cancellations.

**FURTHER INFORMATION**

For further program information contact Molly James, Office of Teaching Services, The University of Iowa College of Nursing, Iowa City, IA 52242, Phone: (319) 335-7075. E-mail address: molly-james@uiowa.edu. The conference brochure is also available on the College of Nursing web site: www.nursing.uiowa.edu. Click on Outreach and Continuing Education.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), diversity@uiowa.edu.
2019 ANNUAL SCHOOL NURSE CONFERENCE
October 3 & 4, 2019 | 19-275-02 | 54250400
Sheraton Hotel
1800 50th St
West Des Moines, IA

Information:
Name: ____________________________________________________________
School District: _____________________________________________________
Billing Address: _____________________________________________________
Phone Number: ___________________ Nursing License Number: ______________
Email: __________________________________________________________________

Dietary Restriction: □ Vegetarian □ Gluten Free □ Lactose Free □ Other: ____________

Registration:
_____ $199 early Annual School Nurse Conference registration (on/before 9/20/19)
_____ $210 regular conference registration (after 9/20/19)
_____ $105 one day only: _____ Thursday, 10/03; _____ Friday, 10/04

Payment:
_____ I will be paying with a Purchase Order:
   PO number: ________________

_____ I will be paying by credit card:
   Card No.: ________________________________ Exp. Date: ____________
   Name on card: ________________________________ Code on back: _______
   Billing address: __________________________________________________________________

_____ I will be paying by check