**Patient Engagement Behavior--1638**

**Definition:** Personal actions to actively participate in one’s health care through shared decision-making with health professionals

**OUTCOME TARGET RATING:** Maintain at _____ Increase to _______

<table>
<thead>
<tr>
<th>OUTCOME OVERALL RATING</th>
<th>Never demonstrated</th>
<th>Rarely demonstrated</th>
<th>Sometimes demonstrated</th>
<th>Often demonstrated</th>
<th>Consistently demonstrated</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>NA</td>
</tr>
</tbody>
</table>

**Indicators:**

- 163801 Obtains reputable health information
- 163802 Assesses personal health risk factors
- 163803 Identifies causes of illness
- 163804 Identifies factors that influence health
- 163805 Follows a healthy lifestyle
- 163806 Treats minor conditions
- 163807 Seeks professional assistance when needed
- 163808 Selects appropriate health professional
- 163809 Prepares a list of questions to discuss with health professional
- 163810 Brings current medication list to discuss with health professional
- 163811 Shares medical information with health professional
- 163812 Discusses personal health priorities with health professional
- 163813 Shares strategies to meet personal health priorities
- 163814 Discusses plan of care with health professional
- 163815 Seeks second opinion
- 163816 Chooses among treatment options
- 163817 Monitors treatment effects
- 163818 Monitors medication effects
- 163819 Shares side effects with health professional
- 163820 Follows up with health professional when health status changes
- 163821 Obtains test results
- 163822 Obtains appropriate health screenings
- 163823 Obtains recommended vaccines
- 163824 Maintains personal health record
- 163825 Maintains insurance coverage
- 163826 Maintains advance directives
- 163827 Obtains medical power of attorney
- 163828 Shares concerns for personal safety
- 163829 Uses strategies to cope with the effects of chronic illness
- 163830 Manages personal health care
- 163831 Uses health care resources consistent with need

**Domain:** Health Knowledge & Behavior (IV)  **Class:** Health Behavior (Q)  **6th edition 2018**

---


Copyright © 2018 by Elsevier, Inc.
OUTCOME CONTENT REFERENCES: