

THE UNIVERSITY OF IOWA COLLEGE OF NURSING

FACULTY

**NAME & TITLE:** Janet K. Specht, PhD, RN, FAAN  
Associate Professor

**Email:** janet-specht@uiowa.edu

**EDUCATION:**

<u>DEGREE</u>	<u>INSTITUTION</u>	<u>MAJOR</u>
PhD	The University of Iowa	Nursing
MA	The University of Iowa	Nursing
BSN	The University of Iowa	Nursing
Diploma	Evangelical School of Nursing	Nursing

**RESEARCH FOCUS:**

- Incontinence
- Dementia
- Caregivers
- Translation Research

**CURRENT FUNDING:**

PI: Improving Continence and Pain Control in LTC: The M-TRAIN Intervention (NINR/NIH, R01 NR009678)

**REPRESENTATIVE PUBLICATIONS:**

- Specht, J. & Scherb, C. (2006). Methodologic issues linking patient outcomes to individual nurse characteristics. *International Journal of Nursing Terminologies and Classification*, 17(1), 54.
- Specht, J.K.P. & Maas, M. (2006) Shared governance in nursing. What is shared? Who governs? and Who benefits? 318-328, In P. Coen & S. Moorhead (Eds.), *Current issues in nursing* (6th edition). St. Louis: Mosby.
- Schoenfelder, D., S, Maas, M. & Specht, J (2005) HomeSafe Supportive assistance for elderly individuals through a nurse-managed plan. *Journal of Gerontological Nursing*, 31(4), 5-11.
- Specht, J.K.P. (2005). 9 myths of incontinence in older adults. *American Journal of Nursing*, 105(6), 58-69.
- Specht, J.K.P., Park, M., Maas, M., Reed, D., Swanson, E., & Buckwalter, K.C. (2005). Interventions for residents with dementia and their family and staff caregivers: Evaluating the effectiveness of measures of outcomes in long term care. *Journal of Gerontological Nursing*, 31(6), 6-14.
- Specht, J.K.P., Reed, D. & Maas, M. (2005). Family involvement in care of residents with dementia: An important resource for quality of life and care. In J Gaugler (Ed). *Promoting family involvement in long-term care settings: A guide to programs that work*. (pp. 163-200). Baltimore, MD: Health Professions Press.
- Smith, M., Specht, J.K. & Buckwalter, K.C. (2005). Geropsychiatric inpatient care: What is state of the art? *Issues in Mental Health Nursing*, 26(1), 11-22.
- Specht, J.P. & Mobily, P.R. (2005). The young gerontological nurse clinician program: An innovative geropsychiatric nursing recruitment strategy. *Issues in Mental Health Nursing*, 26(1), 81-90.
- Maas, M.L., Reed, D., Park, M., Specht, J., Schutte, D., Kelley, L.S., Swanson, E.A., Tripp-Reimer, T., & Buckwalter, T.C. (2004). Outcomes of family involvement in care intervention for caregivers of individuals with dementia. *Nursing Research*, 53(2), 76-86.
- Specht, J.P., & Maas, M.L. (2004). Research-based model home for persons with dementia closes: Policymaking and regulatory constraints on nursing innovation. *Nursing and Health Policy Review*, 1(2), 81-92.
- Specht, J. & Lyons, S., (2002). Patterns of incontinence and continence maintenance on SCUS. *Journal of Gerontological Nursing*, 30(6), 45-56.
- Maas, M. L., Kelley, L. S., Park, M., & Specht, J. P. (2002). Issues in conducting research in nursing homes. *Western Journal of Nursing Research*, 24(4), 354-372.
- Maas, M. L., Specht, J. P., & Buckwalter, K. B. (2002). Long-term health policy for elders: Now is the time for nursing leadership. *Nursing and Health Policy Review*, 1(2), 81-93.