

THE UNIVERSITY OF IOWA COLLEGE OF NURSING

FACULTY

**NAME & TITLE:** Sandra L. Ramey, PhD, RN  
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**EDUCATION:**

<u>DEGREE</u>	<u>INSTITUTION</u>	<u>MAJOR</u>
PhD	Iowa State University	Education
MSN	The University of Iowa	Nursing
BS	College of St. Francis	Health

**RESEARCH FOCUS:**

- Cardiovascular Disease Risk and Morbidity Reduction
- Health Promotion & Biological Markers of Stress

**CURRENT FUNDING:**

- PI: Stress Mediators in Law Enforcement (Gerontological Nursing Interventions Research Center / Heartland Center for Occupational Health and Safety)
- PI: Police Stress and Heart Health (Preventative Research Center)

**REPRESENTATIVE PUBLICATIONS:**

- Franke, W., Ramey, S., & Shelley, M. (2002). Relationship between cardiovascular disease morbidity, risk factors and stress in a law enforcement cohort. *Journal of Occupational & Environmental Medicine*, 44(12), 1182-1189.
- Ramey, S., Welk, G., Franke, W., & Shelley, M. (2003). Cardiovascular disease risk reduction efforts among law enforcement officers: An application of the Precede-Proceed planning model. *Evidence-Based Preventive Medicine*, 1(1), 1-10.
- Ramey, S. (2003). Cardiovascular disease risk factors and the perception of general health among male law enforcement officers: Encouraging behavioral change. *American Association of Occupational Health Nurses Journal*, 51(5), 219-226.
- Ramey, S., Franke, W., & Shelley, M. (2004). Relationship among risk factors for nephrolithiasis, cardiovascular disease, and ethnicity in a law enforcement cohort. *American Association of Occupational Health Nurses Journal*, 52(3), 1-6.
- Ramey, S., & Bunkers, S. (2005). Using Parse's Theory to Educate for Leadership. In H. Feldman & M. Greenberg (Eds.), *Educating Nurses for Leadership* (pp.136-143). New York: Springer.
- Ramey, S. (2005). Assessment of health perception, spirituality, and the prevalence of cardiovascular Disease risk factors within a private college cohort: Evidence to guide clinical practice. *Pediatric Nursing*, 31(3), 222-231.
- Ramey, S. VandeVusse, L. & Gosline, M. (2006). Using a written communication rubric to improve students' writing. *International Journal of Learning*, 13(10), 67-74.
- Ramey, S. & Bunkers, S. (2006). Teaching the abyss: Living the art-science of nursing *Nursing Science Quarterly*, 19(4), 311-315.
- Culp, K., Ramey, S., & Karlman, S. (2008). Iowa certified nursing assistants: Self-reported rating of the nursing home work environment. *Journal of Research in Gerontological Nursing*, 1(2), 87-96.
- Ramey, S., Downing, N. & Knoblauch, A (2008). Developing strategic interventions: The art and science of data triangulation. *American Association of Occupational Health Nurses Journal*, 56(2), 54-62.