

THE UNIVERSITY OF IOWA

Gerontological Nursing Interventions

Research Center

Research Translation & Dissemination Core



**The latest, comprehensive information available  
at your fingertips!**

**June 2007**

## Look inside for:

- ◆ **New! Electronic copies of guidelines now available**
- ◆ **Current guidelines available**
- ◆ **On-line courses or CD-ROM courses**
- ◆ **Upcoming conferences**
- ◆ **New or revised upcoming guidelines—reserve your copy today**

## ***Research Translation and Dissemination Core***

### **PURPOSE**

The purpose of the Research Translation and Dissemination Core (RTDC, formerly the Research Dissemination Core) is to 1) distribute scientific information to the professional nursing community and to consumers; and 2) promote adoption of evidence-based interventions to improve care of older adults.

### **EVIDENCE-BASED PRACTICE MATERIALS**

There are currently thirty-seven evidence-based nursing practice guidelines. These are available for a nominal fee (not-for-profit) to defray production and mailing expenses. Quick Reference Guides and Consumer Information Sheets accompany some of our guidelines. There are two notebooks, two CD ROMs, and a Staff Nurse Internship Program Guide. Also, CD ROMs are now available for most guidelines. You may request materials using the RTDC Order Sheet found on pages 10, 11, and 12 or by accessing the website at [http://www.nursing.uiowa.edu/products\\_services/evidence\\_based.htm](http://www.nursing.uiowa.edu/products_services/evidence_based.htm)

### **GERONURSE**

Another function of the RTDC is to foster discussion and communication in the field of gerontological nursing. To this end, we have established a listserve, [GERONURSE](#), a nation-wide listserve that promotes geriatric nursing dialogue and activities, posts updates in best nursing practice and innovations, and is open to all practitioners, researchers, educators, and students with an interest in the field.

To subscribe to the *Geronurse* listserve (requires access to electronic mail), you may either call Pam Micheal-Milder at (319) 353-5553 or send your request electronically to: [gero-nurse-request@list.uiowa.edu](mailto:gero-nurse-request@list.uiowa.edu) with the following command in the body of your e-mail message, "subscribe". After your subscription to *Geronurse* has been processed, you will receive a welcome message with further instructions on how to use listserve.

### **EDUCATIONAL PROGRAMS**

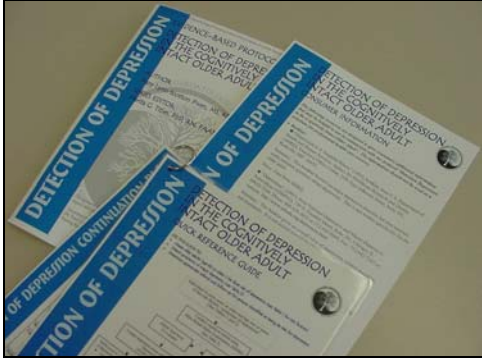
The 15<sup>th</sup> National Evidence-Based Practice Conference will be held on April 24<sup>th</sup> & 25<sup>th</sup>, 2008. Keynote speaker will be Dr. Joanne Rycroft-Malone. For more information, contact Emily Griffin at [emily-griffin@uiowa.edu](mailto:emily-griffin@uiowa.edu) or Rosanna Seabold at [rosanna-seabold@uiowa.edu](mailto:rosanna-seabold@uiowa.edu).

The *Advanced Practice Institute: Promoting Adoption of Evidence-Based Practice* is a program to educate nursing leaders to guide staff in the integration of evidence-based knowledge into practice. Due to the high demand for this exceptional and innovative program, we are accepting applications on an on-going basis for our Iowa City based programs, and programs are being scheduled frequently. For the latest information on upcoming program dates, please contact Grace Rempel at (319) 384-6737 or by email at [grace-rempel@uiowa.edu](mailto:grace-rempel@uiowa.edu).

The *Advanced Practice Institute: Promoting Adoption of Evidence-Based Practice* program is also available at a site selected by the purchaser with content customized to the purchaser's objectives. Discounted prices apply if an Iowa City location is chosen or if one to two nurse leaders first attend (as paying participants) a program in Iowa City at least six months prior to the purchaser's institute. These nurse leaders will then facilitate the purchaser's institute with UIHC. Contact Laura Cullen at (319) 384-9144 or [laura-cullen@uiowa.edu](mailto:laura-cullen@uiowa.edu) for more information.

The 18<sup>th</sup> Annual Long-Term Care Conference will be held November 8<sup>th</sup> & 9<sup>th</sup>, 2007 at the Quality Inn and Suites Highlander Conference Center in Iowa City. For more information contact Kay Geguzis at (319) 335-7108 or email at [kay-geguzis@uiowa.edu](mailto:kay-geguzis@uiowa.edu).

**\*\*With any guideline purchase, a permission form will be sent granting the purchaser permission to copy purchased guidelines for internal, non-profit use.**



## Several guidelines have companion pieces!

**\* New!**

### **Acute Pain Management in the Older Adult Available with or without Quick Reference Guide\***

Helps providers manage acute pain in elderly patients. Outcomes of effective management include reduced pain levels, minimization or elimination of complications of pain treatment, and increased patient satisfaction with pain management. Includes guides for baseline pain assessment, patient/family education, acute pain monitoring, and pharmacological and nonpharmacological treatments. **113 pages. Written 2000; Reviewed 2003; Revised 2006. \$25.00 without Quick Reference Guide. \$40.00 with Quick Reference Guide.**

### **Assessing Heart Failure in Long Term Care Facilities\***

Outlines a systematic approach for the assessment of heart failure in long term care facilities with the goal of preventing hospitalization of nursing home residents by using direct caregivers in the early identification of heart failure. Contains information on assessment methods and interventions needed to prevent unnecessary hospitalizations. Several tools are provided including the Long Term Care Heart Failure assessment tool, Heart Failure Weight assessment chart, and the NEW LEAF pocket screening tool for direct caregivers. **37 Pages. Written 2006. \$20.00.**

### **Bathing Persons with Dementia**

Provides strategies for minimizing fear, agitation, combative behavior, and development of secondary behavioral symptoms during and/or after personal hygiene. The goal is to reduce frequency and severity of negative bathing episodes in patients with chronic dementing illness. Includes guides for personal hygiene standards for people with dementia and helpful communication techniques along with instructions for thermal bathing and towel or bed baths. **36 pages. Written 1995; Revised 2004. \$18.00.**

### **Changing the Practice of Physical Restraint Use in Acute Care**

Assists nurses and other healthcare professionals in changing the practice of physical restraint use for the elderly in acute care settings to the current standard of restraint-free care. Identifies individual patient characteristics as well as characteristics of staff and facilities associated with restraint use. Provides alternative strategies and approaches to restraint-free care. Also includes a decision algorithm for behavior management and restraint-free care, as well as information on monitoring and documenting the use of physical restraints when necessary. **47 pages. Written 1996 (originally titled Restraints); Revised 2005. \$22.00.**

### **Detection of Depression in the Cognitively Intact Older Adult with Quick Reference Guide and Consumer Information Sheet**

Improves detection of depression in medically compromised, cognitively intact, older adults. Provides easy to use tools that can be used with limited training, making it ideal for a variety of healthcare workers and informal caregivers across settings. Contains examples of the Mini-Mental State Examination and the Short Geriatric Depression Scale. Also includes a Quick Reference Guide and Consumer Information Sheet. **33 pages. Written 1998; Revised 2005. \$20.00.**

**\* New!**

**Detection of Depression in Older Adults with Dementia\***

Assists nurses and other healthcare professionals in a variety of settings to assess for depression in the older adult with dementia. Includes easy to administer tools including the mini-mental state examination (MMSE), the Short Geriatric Depression Scale, and the Cornell Scale for Depression in Dementia. **39 pages. Written 2007. \$20.00.**

**Elder Abuse Prevention**

Provides information to facilitate assessment of older persons in domestic and institutional settings who are at risk for elder abuse and recommends interventions to reduce the incidence of mistreatment. Contains thirteen assessment tools, instruments, and forms to use in patient assessment of elder abuse. Also included is one relevant Nursing Outcome Classification (NOC), and relevant labels and definitions of NOC and Nursing Interventions. **68 pages. Written 2004. \$22.00.**

**Elderly Suicide: Secondary Prevention**

Provides information that will assist the nurse or other health care provider in recognizing at-risk suicidal behavior in the elderly and providing appropriate and effective crisis intervention. The goal is to decrease the occurrence of suicide among elderly individuals who have contact with nurses or other health care providers. Includes risk factors, warning signs, and a psychosocial assessment form. **55 pages. Written 2002. \$22.00.**

**Exercise Promotion: Walking in Elders with Consumer Information Sheet\***

Assists health care providers in all settings to enhance or maintain exercise behavior of elders. Contains tools to assess readiness to change, exercise self-efficacy, balance, and includes exercise tips for walking and pedestrian safety, and weight bearing exercises. Consumer information sheet included. **57 pages. Written 2001; Revised 2007. \$25.00.**

**Fall Prevention For Older Adults**

Aims to describe strategies for identifying persons at risk for falling and for preventing falls in older adults, while maintaining autonomy and independence. Includes information regarding risk factors, interventions, and outcome evaluations along with assessment tools such as the Falls Screening Tool and the Performance Oriented Assessment of Gait and Balance. **60 pages. Written 1996; Revised 2004. \$22.00.**

**Family Bereavement Support Before and After the Death of a Nursing Home Resident**

Provides an intervention guideline designed to assist family members before and after the death of their loved one in nursing home settings. Intended for front-line staff (registered nurses, care attendants, social workers, chaplains) that care for the elderly, and provide support to the elders' families in nursing homes. Also intended for care managers who develop policy and procedures in nursing home settings. Includes the Family Bereavement Support Policy and Family Bereavement Survey along with other assessment tools and helpful materials. **46 pages. Written 2002. \$22.00.**

**Family Involvement in Care for Persons with Dementia (FIC)**

Focuses on a program to involve family members in the care of their relative with dementia through partnerships with other, both formal and informal, care providers. Successful care partnerships result in the establishment of meaningful and satisfactory caregiving roles regardless of the care setting. Includes many helpful tools and guides such as the Instruments Activities of Daily Living Scale and the Physical Self-Maintenance Scale. **50 pages. Written 1999; Reviewed 2001. \$22.00.**

**Guideline for Conducting Effectiveness Research in Nursing and Other Health Care Services**

Directed towards researchers, health care providers, and administrators who are implementing standardized nursing language, evaluating clinical information systems, or involved in constructing or using a clinical documentation system for effectiveness research. Content includes the identification of research questions, factors to consider in selecting database variables for analysis, data definitions of clinical variables, potential data sources, methods of requesting data, developing a relational database and a large section on data analysis, plus much more. **49 pages. Written 2004. \$25.00.**

**\* New!**

**Hydration Management with Quick Reference Guide and Consumer Information Sheet**

Helps health care providers determine adequate oral fluid intake for elders and provides strategies to maintain hydration and to prevent conditions associated with dehydration, such as acute confusion/delirium. Includes a hydration assessment form, comparison of common oral fluids chart, and more. Quick Reference Guide includes the Urine Color Chart. **46 pages. Written 1998; Revised 2004. \$25.00.**

**Identification, Referral, and Support of Elders with Genetic Conditions**

Describes assessment and management practices related to the genetic aspects of health conditions in elders. Meant for non-genetic specialist gerontological nurses as the integration of new genetic information into clinical nursing care of the elderly evolves. Includes descriptions of those experiencing, or at risk for, genetic conditions, referral for diagnosis or services, and supportive care such as advocacy, teaching, and counseling. **32 pages. Written 1999; Reviewed 2001. \$18.00. Not available in electronic format.**

**Improving Medication Management for Older Adult Clients**

Helps RNs, Nurse Practitioners, and Pharmacists to improve medication management practices for older adults. Older adults who take many medications are at high risk of getting sicker and losing function. Goals: To reduce inappropriate prescribing, decrease polypharmacy, avoid adverse events, and maintain function. Includes the Beers List of Potentially Inappropriate Medications, the Drug Regimen Unassisted Grading Scale, and more. **60 pages. Written 2004. \$22.00.**

**Individualized Music for Elders with Dementia with Quick Reference Guide and Consumer Information Sheet\***

Describes strategies for alleviating agitation in chronically confused, elderly persons through the use of individualized music. The goal is to reduce and prevent the frequency and severity of agitation episodes in chronically confused, elderly patients by assessing music preferences and playing music for the elder at designated times. Includes the Assessment of Personal Music Preference, the Agitation Quality Improvement Monitor, along with a Consumer Information Sheet that contains information that may be helpful for consumers to use in conjunction with the Individualized Music guideline. **40 pages. Written 1996; Revised 2007. \$20.00.**

**Interpreter Facilitation for Persons with Limited English Proficiency**

Provides information to assist in the effective use of interpreter services in health care settings. The goal is to increase the use of interpreters, enhance the communication process between clients and providers, and improve the satisfaction of clients and providers with health care encounters. Includes methods of interpretation and a need for interpreter risk factor assessment. Does not address the use of sign language interpretation for hearing impaired clients. **32 pages. Written 2001. \$18.00.**

**Management of Constipation with Quick Reference Guide & Consumer Information Sheet\***

Describes strategies to reduce the frequency and severity of constipation among older adults. Is applicable to older adults who are hospitalized, residing in long-term care or skilled care facilities, or living in the community. Not intended for populations of enterally fed, paraplegic, or quadriplegic individuals. Includes the Management of Constipation Assessment Inventory, Bowel Pattern Assessment Form, Foods High in Fiber chart, and more. **48 pages. Written 1996; Reviewed 2001. \$25.00.**

**Management of Relocation in Cognitively Intact Older Adults**

Provides strategies to help cognitively intact older adults plan for and adapt to relocation from one residence or home to another. Includes: risk factors indicating the need for relocation, risk factors for maladjustment after relocation, interventions for both pre-relocation and post-relocation management, assessment tools, and outcome evaluations. **62 pages. Written 2005. \$22.00.**

**\* New!**

### **Non-pharmacologic Management of Agitated Behaviors in Persons with Alzheimer's Disease and other Chronic Dementing Conditions**

Discusses non-pharmacologic interventions to decrease the frequency of agitated behaviors, thereby supporting functional ability and enhancing quality of life for persons experiencing Alzheimer's disease and other chronic dementing conditions. Includes examples of the Mini Mental State Examination and the Cohen-Mansfield Agitation Inventory. **59 pages. Written 1995; Revised 2004. \$22.00.**

### **Nursing Management of Hearing Impairment in Nursing Facility Residents\***

Provides guidelines for nursing care of nursing facility residents with hearing impairments. Intended for front-line nursing staff (registered nurses, licensed practical nurses, and certified nursing assistants) caring for older adults who are hearing impaired. Also useful for directors of nursing, nurse managers, and nursing faculty responsible for gerontological nursing competency evaluations and education on standards of nursing care for hearing impairment in older adults in nursing facilities. Includes detailed information on caring for hearing devices and identifying residents in need of referral for further assessment of hearing. **51 pages. Written 2007. \$22.00.**

### **Nurse Retention**

Retaining expert nurses has a positive effect on quality patient care. Nurse managers are critical to promoting job satisfaction and diminishing turnovers of nurses working in their area. This administrative guideline is a helpful guide for nurse managers who are striving to improve retention of staff in various health care settings. Includes a Nursing Turnover Measurement Form, a satisfaction scale, a communication assessment questionnaire, and more. **56 pages. Written 2002. \$22.00.**

### **Oral Hygiene Care for Functionally Dependent and Cognitively Impaired Older Adults *with Quick Reference Guide and Consumer Information Sheet\****

Provides practical information to assist healthcare providers with the provision and documentation of oral hygiene care for functionally dependent and cognitively impaired older adults to prevent plaque-related oral diseases. Includes the oral hygiene Quick Reference Guide, two assessment tools, and communication techniques for oral hygiene when working with cognitively impaired and behaviorally difficult older adults. **48 pages. Written 2002. \$25.00.**

### **Persistent Pain Management**

Assists nurses and other health care providers in the management of persistent pain in older adults through assessment and treatment strategies. Assessment tools include the Brief Pain Inventory, Verbal Numeric Rating Scale, and the Faces Pain Scale. Discusses pain management strategies, both non-pharmacological and pharmacologic and includes an algorithm for assessing pain in the cognitively impaired older adult. **57 pages. Written 2005. \$22.00.**

### **Prevention of Deep Vein Thrombosis\***

Describes a standard method for the assessment of risk for development of deep vein thrombosis in elderly surgical patients. List of suggestions and options regarding modes of prophylaxis are described as applicable in the acute care setting. Includes a Thrombosis Risk Factor Assessment along with a Deep Vein Thrombosis Prevention Outcomes Monitor and more. **40 pages. Written 1999; Revised 2006. \$18.00.**

### **Prevention of Pressure Ulcers**

Assists health care providers in determining those patients at risk for development of pressure ulcers, and describes prevention activities that will reduce patients' risk for pressure ulcers. Evidence-based prevention activities are intended for use in the care of patients who have been identified as "at risk" for pressure ulcers. Included is the Braden Scale for Predicting Pressure Sore Risk and Pressure Ulcers Management Monitor. **21 pages. Written 1997; Revised 2002. \$18.00.**

### **Progressive Resistance Training**

Describes a training program to improve and maintain the functional fitness of older adults through Progressive Resistance Training (PRT), with the intent of improving their prospects for independent living, reducing fall risk, and enhancing commitment to regular exercise. Also includes the screening process, development of an exercise plan, and outcome evaluation. **28 pages. Written 1998; Revised 2004. \$18.00.**

**\* New!**

**Promoting Spirituality in the Older Adult**

Provides guidelines for promoting spirituality for health care providers working with older adults in community and institutional settings. Developed from a holistic perspective that views humans as having integrated physical, emotional, social and spiritual dimensions; and alterations of well-being in one dimension affects the other dimensions. Contains assessment tools for evaluating spiritual well-being and guideline practice. **50 pages. Written 2004. \$22.00.**

**Prompted Voiding For Persons with Urinary Incontinence** *with Quick Reference Guide and Consumer Information Sheet*

Provides information for implementing a treatment program of prompted voiding (PV) for elderly persons with urinary incontinence. Use of this guideline will help care providers reduce the frequency and severity of incontinence episodes, increase self-initiated toileting, and prevent the complications associated with incontinence. Included among the assessment tools and materials are Urinary Incontinence Assessment Factors and UI Risk Factor Checklist. **49 pages. Written 1999; Reviewed 2001. \$25.00.**

**Providing Spiritual Care to the Terminally Ill Older Adult\***

Gives health care providers evidence-based guidelines for providing spiritual care for terminally ill older adults who are at risk for spiritual distress. The guideline is developed from the authors' whole person perspective that views people as having integrated physical, emotion, social, and spiritual dimensions, with spirituality at the core of human being; and the belief that alterations of well-being in one dimension affect the other dimensions. The ultimate goal for providing spiritual care to both ill and well older adults is to support and enhance quality of life, as well as prevent and relieve spiritual distress. Includes helpful assessment tools, scales, and indexes. **46 pages. Written 2006. \$22.00.**

**Quality Improvement in Nursing Homes**

Aimed to provide knowledge and evidence-based strategies for quality and performance improvement in nursing homes. Departments can use this administrative guideline as a team to develop, define, implement, and evaluate their own quality improvement program. Includes a satisfaction with nursing home instrument, quality improvement knowledge assessment test, and more. **71 pages. Written 2003. \$22.00. Not available in electronic format.**

**Treatment of Pressure Ulcers**

Provides guidelines for the treatment of pressure ulcers among elderly patients. Assists in the assessment of patients for skin alterations and describes interventions to aid in the healing of ulcers. Included is the Pressure Ulcer Scale for Healing, along with the Pressure Ulcers Assessment Guide and more. **30 pages. Written 1997; Revised 2002. \$18.00.**

**Wandering** *with Consumer Information Sheet*

Assists formal caregivers of older adults with dementia in dealing with problem wandering behavior. Includes five tools to assess risk of wandering behavior, including the Algase Wandering Scale and the Memory and Behavior Problems Checklist. Interventions include environmental modifications, physical and psychosocial interventions, technology and safety information and caregiver support and education tools including a consumer information sheet. **45 pages. Written 2002. \$20.00.**

**Wheelchair Biking for the Treatment of Depression**

Introduces a specific recreation therapy program, wheelchair biking, for the treatment of depression in older adults with and without cognitive impairments. The goal is to reduce depressive moods in older adults and to provide a complimentary or alternative treatment to medications. Included is the Geriatric Depression Scale. Provides information on the steps for setting up a program, including Duet wheelchair bike purchase information and selection of residents to participate. **53 pages. Written 2003. \$22.00.**

## **NEW GUIDELINES FOR SCHOOL-AGED CHILDREN!**

### **Abrasion and Laceration Wound Care: Preschool through Grade Twelve\***

Provides school nurses and school personnel with the most current and effective evidence based interventions for the management of abrasions and lacerations in children from pre-school to grade twelve. Appropriate cleansing methods and dressing types for various wounds are discussed. This guideline may be used by school nurses and other school personnel, such as health aides, teachers, and office personnel who are involved with managing health issues for children in the school. Also included in the guideline is the adapted Bates-Jensen Wound Assessment Tool to be used for initial and follow-up wound assessments. **27 pages. Written 2006. \$18.00.**

### **Increasing Physical Activity in Schools: Kindergarten through Eighth Grade**

The purpose of this guideline is to provide school-based strategies to increase the level of physical activity and reduce sedentary behavior in the Kindergarten through 8<sup>th</sup> grade population. Specific interventions are included to increase time spent in moderate to vigorous physical activity during recess and physical education classes. The SOFIT and SOPLAY tools to measure outcomes are included. **42 pages. Written 2005. \$18.00.**

### **Managing Pediculosis Infestations in School Children\***

*Coming Soon!*

## **These helpful resources are also available!**

### **Guidelines for Writing Evidence-Based Practice Guidelines**

A three-ring notebook with step-by-step directions on how to write a clinical, evidence-based practice guideline. Describes the process of developing a guideline, from identification of the clinical topic, to database searching, to the evaluation and grading of evidence. Included in the manual is a template on CD ROM to assist in formatting the guideline in an easy to read style, while prompting the author to include pertinent information according to accepted guideline standards. **Written 1999; Revised 2005. \$35.00.**

### **Toolkit for Promoting Evidence-Based Practice**

Multifaceted active dissemination strategies are needed to promote use of research evidence in clinical and administrative healthcare decision-making. Promoting adoption of evidence-based practices requires a combination of organizational commitment and individual use of research to improve patient outcomes. This toolkit is designed to provide guidance for healthcare leaders in promoting adoption of evidence-based practices. The toolkit includes an electronic version of forms used in the toolkit. This toolkit includes over 30 forms, figures and examples to follow, and provides a step by step guide to lead healthcare leaders through the process of putting evidence into practice in a clinical setting, based on the Iowa Model of Evidence-Based Practice to Promote Quality Care. **Written 2002. \$67.00.**

**\* New!**

### **Evidence-Based Practice Staff Nurse Internship Program**

The Evidence-Based Practice Staff Nurse Internship is designed to promote the use of research findings and other evidence in guiding clinical nursing practice. Staff nurses collaborate with nursing leaders, peers and project facilitators to develop, implement, and evaluate an evidence-based practice change for their clinical area. The internship combines didactic presentation, group discussion, and facilitated work time to support learning. Visit our website for additional information and to view a video clip on the Staff Nurse Internship.

<http://www.uihealthcare.com/depts/nursing/rqom/evidencebasedpractice/internship.html>



Basic Overview: (Program Summary, UIHC website with video clip, journal article)	No Charge
Program Training Manual. 221 pages. Written 2005.	\$2,500.00
Program Training Manual with UIHC Faculty	\$20,000.00

## **Available Courses!**

### **Evidence-Based Practice Course**

This course presents an overview of evidence-based practice and research utilization, and their relationship to the conduct and dissemination of research. The course reviews three examples of evidence-based practice models, describes the steps of evidence-based practice, and outlines approaches to evaluating change in practice. Nursing continuing education credit (0.4 CEUs) is available at no extra charge. **\$29.00**. This course is available online or on CD ROM for individual use. Call for Institutional CD ROM prices!

### **Invitational CDs**

#### **Conference Proceedings: U.S. Invitational Conference “Advancing Quality Care Through Translation Research” (Set of 2 CD ROMs)**

A U.S. Invitational Conference was held in Iowa City, October 13-14, 2003. The purpose of the invitational conference was to promote translation research. The Agency for Healthcare Research and Quality (co-sponsors listed below) funded the invitational conference to address methodological issues and designs of major importance in translation science. **\$40.00**

Conference co-sponsors: Agency for Healthcare Research and Quality, Sigma Theta Tau International, University of Iowa Hospitals and Clinics, Department of Nursing Services and Patient Care, University of Iowa Office of the Associate Provost for Health Sciences, University of Iowa Nursing Enterprise, University of Kentucky College of Nursing, National Association of Pediatric Nurse Practitioners, Research Dissemination Core of the Gerontological Nursing Interventions Research Center, University of Iowa College of Nursing, Veterans' Affairs HSR&D Research Enhancement Award (G. Rosenthal, M.D.), Association of Women's Health Obstetric & Neonatal Nurses, University of Rhode Island College of Nursing, National Institute of Nursing Research.

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**Please see the RTDC Order Sheet on the next page to order!**

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**Individual Consultation available for evidence-based practice.**

**For details contact Dr. Marita Titler at 319-384-9098,  
or [marita-titler@uiowa.edu](mailto:marita-titler@uiowa.edu)**

# RTDC ORDER SHEET

## MATERIALS REQUESTED:

	PRICE (printed copy only)	PRICE (CD ROM only)	PRICE (printed copy plus CD ROM)	QTY (Printed copy only)	QTY (CD ROM only)	QTY (both printed and CD ROM)	TOTAL
Abrasion and Laceration Wound Care: Preschool through Grade Twelve	\$18.00	\$18.00	\$28.00				
Acute Pain Management in the Older Adult <i>without Quick Reference Guide</i>	\$25.00	\$25.00	\$35.00				
Acute Pain Management in the Older Adult <i>with Quick Reference Guide</i>	\$40.00	\$40.00	\$50.00				
Assessing Heart Failure in Long Term Care Facilities	\$20.00	\$20.00	\$30.00				
Bathing Persons with Dementia	\$18.00	\$18.00	\$28.00				
Changing the Practice of Physical Restraint Use in Acute Care	\$22.00	\$22.00	\$32.00				
Detection of Depression in the Cognitively Intact Older Adult	\$20.00	\$20.00	\$30.00				
Detection of Depression in Older Adults with Dementia	\$20.00	\$20.00	\$30.00				
Elder Abuse Prevention	\$22.00	\$22.00	\$32.00				
Elderly Suicide: Secondary Prevention	\$22.00	\$22.00	\$32.00				
Evidence-Based Practice Course ( <input type="checkbox"/> on-line course or <input type="checkbox"/> CD ROM )		\$29.00					
Evidence-Based Practice Staff Nurse Internship Program Training Manual (only)	\$2500.00						
Exercise Promotion: Walking in Elders (Revised!)	\$25.00	\$25.00	\$35.00				
Fall Prevention for Older Adults	\$22.00	\$22.00	\$32.00				
Family Bereavement Support Before and After the Death of a Nursing Home Resident	\$22.00	\$22.00	\$32.00				
Family Involvement in Care for Persons with Dementia	\$22.00	\$22.00	\$32.00				
Guideline for Conducting Effectiveness Research in Nursing	\$25.00						
Guidelines for Writing Evidence Based Practice Guidelines	\$35.00						
Hydration Management	\$25.00	\$25.00	\$35.00				
Identification, Referral, and Support of Elders with Genetic Conditions	\$18.00						
Improving Medication Management for Older Adult Clients	\$22.00	\$22.00	\$32.00				
Increasing Physical Activity in Schools: Kindergarten through Eighth Grade	\$18.00	\$18.00	\$28.00				
Individualized Music for Elders with Dementia (Revised!)	\$20.00	\$20.00	\$30.00				
Interpreter Facilitation for Persons with Limited English Proficiency	\$18.00	\$18.00	\$28.00				

**MATERIALS REQUESTED:**

	PRICE (printed copy only)	PRICE (CD ROM only)	PRICE (printed copy plus CD ROM)	QTY (Printed copy only)	QTY (CD ROM only)	QTY (both printed and CD ROM)	TOTAL
Management of Constipation	\$25.00	\$25.00	\$35.00				
Management of Relocation in Cognitively Intact Older Adults	\$22.00	\$22.00	\$32.00				
Non-pharmacologic Management of Agitated Behaviors in Persons	\$22.00	\$22.00	\$32.00				
Nursing Management of Hearing Impairment in Nursing Facility Residents	\$22.00	\$22.00	\$32.00				
Nurse Retention	\$22.00	\$22.00	\$32.00				
Oral Hygiene Care for Functionally Dependent and Cognitively Impaired Older Adults	\$25.00	\$25.00	\$35.00				
Persistent Pain Management	\$22.00	\$22.00	\$32.00				
Prevention of Deep Vein Thrombosis	\$18.00	\$18.00	\$28.00				
Prevention of Pressure Ulcers	\$18.00	\$18.00	\$28.00				
Progressive Resistance Training	\$18.00	\$18.00	\$28.00				
Promoting Spirituality in the Older Adult	\$22.00	\$22.00	\$32.00				
Prompted Voiding for Persons with Urinary Incontinence	\$25.00	\$25.00	\$35.00				
Providing Spiritual Care to the Terminally Ill Older Adult	\$22.00	\$22.00	\$32.00				
Quality Improvement in Nursing Homes	\$22.00						
Toolkit for Promoting Evidence-Based Practice	\$67.00						
Treatment of Pressure Ulcers	\$18.00	\$18.00	\$28.00				
U.S. Invitational Conference "Advancing Quality Care Through Translation Research"		\$40.00					
Wandering	\$20.00	\$20.00	\$30.00				
Wheelchair Biking for the Treatment of Depression	\$22.00	\$22.00	\$32.00				
<b>TOTAL</b>							
❖ <b>[Shipping/handling included except for overseas or overnight shipments]</b>							
<ul style="list-style-type: none"> <li>• [For all <b>overseas</b> shipments, please add a flat fee of \$10.00 to the total]</li> <li>• [For all <b>overnight</b> shipments, additional shipping charges will apply]</li> </ul>							

**Please ship the ordered materials to:**

**NAME** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**PHONE** \_\_\_\_\_

**EMAIL** \_\_\_\_\_

**If purchasing the EBP or Acute Pain Course AND applying for CEU Credit, please fill in the information below:**

Date of Birth:	
Last 4 Digits of SSN:	Nursing License #:
Home Address (if different from above):	Date Completed:
Email Address (required):	

**Please check one type of agency you represent:**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Hospital Practice       | <input type="checkbox"/> Sub-Acute Care Facility | <input type="checkbox"/> Skilled Nursing Facility  |
| <input type="checkbox"/> Long-Term Care Facility | <input type="checkbox"/> Outpatient Clinic       | <input type="checkbox"/> Residential Care Facility |
| <input type="checkbox"/> Hospice Care Facility   | <input type="checkbox"/> Rural Health Clinic     | <input type="checkbox"/> Assisted Living Facility  |
| <input type="checkbox"/> Public Health Facility  | <input type="checkbox"/> Home Health Clinic      | <input type="checkbox"/> Academic Institution      |
| <input type="checkbox"/> School District         | <input type="checkbox"/> Other (specify) _____   |  |

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The following guidelines will be available in the near future:

Acute Confusion (Update)

Assessment of Anxiety

Family Involvement in Care for Persons with Dementia (Update)

Managing Pediculosis Infestations in School Children

Prompted Voiding for Persons with Urinary Incontinence (Update)

Write down "All" to indicate notification of all new guidelines

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